



#CPRinSchools: Information for schools

About #CPRinSchools

Basic Life Support skills are essential and save lives. The Government and Education Secretary are committed to providing first aid teaching to children in schools.

#CPRinSchools is a national initiative for trainee healthcare professionals (usually newly qualified doctors) to teach cardiopulmonary resuscitation to children in schools. This initiative has gained significant support nationally from both senior and junior doctors including the UKFPO (the body responsible for the training of newly qualified doctors), GMC and Royal Colleges. The initiative was recognised by the Prime Minister who invited Dr Marina Soltan at the NHS70 reception at Downing Street. So far, training has been delivered to over 1000 school children and has gained newspaper coverage and significant support on social media (@marinasoltan_). You can follow @marinasoltan_ on twitter.

#CPRinSchools is managed by a national advisory group at the UKFPO comprised of key stakeholders which is chaired by Dr Marina Soltan.

About the #CPRinSchools session

The #CPRinSchools session is an interactive and fun teaching session for pupils to learn Basic Life Support skills.

The session is accompanied by a step-by-step live demonstration of how to carry out Basic Life Support accompanied by a PowerPoint Presentation. During the session, there is an opportunity for pupils to volunteer in the live demonstration and practice individually, in pairs or small groups on the mannequins. Mannequins are provided free of charge to schools by the British Heart Foundation. You can apply for these on: <https://www.bhf.org.uk/how-you-can-help/how-to-save-a-life/cpr-kits/cpr-training-for-schools>

Sessions are flexible and can either be a lecture theatre of students for 1-2 hours or



can be smaller group type sessions running for 45-60 minutes in a classroom. To make the session interactive, during the session, the presenter will ask for volunteers. We ask that a teacher accompanies the children for the duration of the session and that the teacher is aware of any students who are on the school 'no photo' list. The school can take photos to send to the presenter and share on social media in accordance with their policies. If photos are taken by the healthcare trust media communications, these must be approved by the school prior to dissemination on social media. The trust may ask the school to sign a media consent form.

At the beginning and end of the session, students will be asked to fill in a questionnaire via QR code. This helps us to evaluate our teaching programme. We therefore ask that they are allowed access to their mobile phones at the beginning and end of the session. On the questionnaire, students will be asked to enter their unique IT username log on to allow comparison before and after the session anonymously. We do not collect student names or email addresses or any personal identifiable information about the children. We ask that the school sign a consent form to allow data to be used for quality improvement/research purposes. We thank the school for their support of this work.



How to arrange #CPRinSchools for your school

Please liaise with your local medical education manager to arrange a session. We are currently running this for children in secondary education. If you have any queries which can't be resolved locally, please contact cprinschoolsmatters@gmail.com